

Upshaw Tri-County Football Conference Rules

No additional players can be added to a roster after 30 August 2008 for the 2008 season.

7-9 Yrs Old or TRUE 4th Grader

1. Any player that may have the opportunity to run the ball cannot weigh over 90 lbs. All players will be weighed prior to playing their first game. The first scheduled game for the 2008 season is 6 September 2008 in Bell and all teams **must** arrive an hour prior to their game for weigh in.
2. Option to kick extra point, field goal or punt (no rushing allowed on any choke) 4th down in lieu of punt or ball may be moved 30 yards (simulated punt).
3. Extra point:
 1. Kicked = 2 points.
 2. Run in = 1 point.
 3. Field Goal = 3 points.
 4. One coach on the field offense and defense.
 5. 1 yard off the ball on defense, unless in goal line situations.

10-12 Yrs Old Prior to 1st Sept. 2008

1. Any player that may have the opportunity to run the ball cannot weigh over 120 lbs. All players will be weighed prior to playing their first game. The first scheduled game for the 2008 season is September 6, 2008 in Bell and all teams **must** arrive an hour prior to their game for weigh in. Any player that weighs over 120 lbs. that intercepts the ball, or recovers a fumbled ball cannot advance the ball.
2. A strip of tape will be placed on the helmet of any player weighing over 120 lbs. Any team not adhering to this will result in an automatic forfeit.
3. After the coin toss, kick off from the 40 yd line.
4. Teams may punt or kick (no rushing allowed on punts or kicks).
5. Teams may attempt field goal (no rushing allowed on a field goal attempt).

6. Extra point:

1. Kicked = 2 points.
2. Run in = 1 point.
3. Field Goal = 3 points.

7. One coach on the field, offense and defense.

8. The game will consist of four (12) minute quarters with a (12) minute halftime. During the last 2 minutes of each half the clock will stop for the following:

Change of Possession

9. An injured player or penalty stops the clock during the entire game.

10. Referees will be regulation high school referees.

11. Games will be played on high school regulation (100 yd) field.

12. In the event that the game is tied at the end of the regular playing time, overtime will be played as follows:

- Coin toss to determine who gets choice of the ball first.
- Ball placed on the 10 yd line.
- When a team scores (after the extra point attempt) the other team is given the opportunity to score and try for the extra point in the same manner. A maximum of 4 overtimes will be allowed. In the 3rd and 4th overtime teams must kick. In the event that the game is tied after 4 overtimes, the team having gained the most yards will decide the winner.

Conference Commissioners:

Tommy Ransom – Branford
Jimmy Anderson – Chiefland
Mark Hatch – Cross City
Bryant Frye - SVL
Shannon Smith - SVL